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The Positive Birth Movement was set up in 2012 by Milli Hill, who has gone on to author two bestselling guides to childbirth. She speaks globally on women's experience in the birth room

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and has appeared on BBC Radio 2, BBC 5 Live, talkradio, and many leading podcasts including Deliciously Ella and The Irish Times Women's Podcast. She regularly writes and comments on birth in the UK

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